



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

Wall, Hans

Club: Koronarsportverein Distel-Walker  
Number: 211

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:19:10

Speed: 7.58 km/h

metres in height up: 69  
Course score: 11.04

performance score: 84 Points