



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Dr. Amely-Pauleikhoff, Petra

Club: Muenster

Number: 240

Course: 10.00 km

10 km Nordic Walking

Total time: 1:21:31

Speed: 7.36 km/h

metres in height up: 69

Course score: 11.04

performance score: 81 Points