



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

Engelmohr, Giesela

Club: Judoclub Welper  
Number: 206

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:22:12

Speed: 7.30 km/h

metres in height up: 69  
Course score: 11.04

performance score: 81 Points