



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Heinze, Britta

Club: Marl

Number: 259

Course: 10.00 km

10 km Nordic Walking

Total time: 1:22:53

Speed: 7.24 km/h

metres in height up: 69

Course score: 11.04

performance score: 80 Points