



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Schlottbohm, Ludger

Club: Borussia Darup
Number: 297

Course: 10.00 km
10 km Nordic Walking

Total time: 1:24:30

Speed: 7.10 km/h

metres in height up: 69
Course score: 11.04

performance score: 78 Points