



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Kießling, Claudia

Club: Koronarsportverein Distel-Walker
Number: 209

Course: 10.00 km
10 km Nordic Walking

Total time: 1:26:56

Speed: 6.90 km/h

metres in height up: 69

Course score: 11.04

performance score: 76 Points