



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Krieg, Anne-Rosa

Club: TLV Rünthe
Number: 220

Course: 10.00 km
10 km Nordic Walking

Total time: 1:32:50

Speed: 6.46 km/h

metres in height up: 69
Course score: 11.04

performance score: 71 Points