



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Paulner, Wilfried

Club: DJK Preußen 1911 Bochum e.V.
Number: 307

Course: 20.00 km
20 km Walking

Total time: 2:07:38

Speed: 9.40 km/h

metres in height up: 135
Course score: 22.03

performance score: 207 Points