



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

Niesel, Daniel

Club: BTC-Herne  
Number: 397

Course: 20.00 km  
20 km Walking

Total time: 2:09:17

Speed: 9.28 km/h

metres in height up: 135  
Course score: 22.03

performance score: 204 Points