



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

**Polle, Reinhold**

Club: Hohe Ward Gazellen/TuS-Hiltrup  
Number: 316

Course: 20.00 km  
20 km Walking

Total time: 2:13:59

Speed: 8.96 km/h

metres in height up: 135  
Course score: 22.03

performance score: 197 Points