



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Hälker, Susanne

Club: Hohe Ward Gazellen/TuS-Hiltrup
Number: 314

Course: 20.00 km
20 km Walking

Total time: 2:24:57

Speed: 8.28 km/h

metres in height up: 135
Course score: 22.03

performance score: 182 Points