



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Frauenrath, Frank

Club: Oberhausener TV
Number: 323

Course: 20.00 km
20 km Walking

Total time: 2:25:25

Speed: 8.25 km/h

metres in height up: 135
Course score: 22.03

performance score: 182 Points