



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Rückriem, Sandra

Club: DJK Preußen 1911 Bochum e.V.
Number: 2

Course: 5.00 km
5 km Walking

Total time: 43:00

Speed: 6.98 km/h

metres in height up: 36
Course score: 5.54

performance score: 39 Points