



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Galda, Claudia

Club: LSF-Unna-2000

Number: 321

Course: 20.00 km

20 km Walking

Total time: 2:28:39

Speed: 8.07 km/h

metres in height up: 135

Course score: 22.03

performance score: 178 Points