



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Weygardt, Martina

Club: Hohe Ward Gazellen/TuS-Hiltrup
Number: 54

Course: 5.00 km
5 km Nordic Walking

Total time: 39:05

Speed: 7.68 km/h

metres in height up: 36
Course score: 5.54

performance score: 43 Points