



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Ekermann, Sabina

Club: LG Oelde-Wadersloh
Number: 62

Course: 5.00 km
5 km Nordic Walking

Total time: 44:24

Speed: 6.76 km/h

metres in height up: 36
Course score: 5.54

performance score: 37 Points