



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Knop, Christian

Club: kein Verein

Number: 55

Course: 5.00 km

5 km Nordic Walking

Total time: 45:43

Speed: 6.56 km/h

metres in height up: 36

Course score: 5.54

performance score: 36 Points