



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Tschirner, Beate

Club: Koronarsportverein Distel-Walker
Number: 59

Course: 5.00 km
5 km Nordic Walking

Total time: 49:34

Speed: 6.05 km/h

metres in height up: 36
Course score: 5.54

performance score: 34 Points