



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

**Tschirner, Beate**

Club: Koronarsportverein Distel-Walker  
Number: 59

Course: 5.00 km  
5 km Nordic Walking

Total time: 49:34

Speed: 6.05 km/h

metres in height up: 36  
Course score: 5.54

performance score: 34 Points