



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

Abrams, Kerstin

Club: BSV Stadtwerke Bielefeld  
Number: 101

Course: 10.00 km  
10 km Walking

Total time: 1:15:13

Speed: 7.98 km/h

metres in height up: 69  
Course score: 11.04

performance score: 88 Points