



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Gindera, Elke

Club: Hohe Ward Gazellen/TuS-Hiltrup
Number: 106

Course: 10.00 km
10 km Walking

Total time: 1:15:53

Speed: 7.91 km/h

metres in height up: 69
Course score: 11.04

performance score: 87 Points