



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

**Firniß, Klaus**

Club: Walking Treff Möhnesee  
Number: 125

Course: 10.00 km  
10 km Walking

**Total time: 1:16:18**

Speed: 7.86 km/h

metres in height up: 69  
Course score: 11.04

performance score: 87 Points