



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Engelmohr, Tilo

Club: Judoclub Welper
Number: 205

Course: 10.00 km
10 km Nordic Walking

Total time: 1:12:04

Speed: 8.33 km/h

metres in height up: 69
Course score: 11.04

performance score: 92 Points