



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Lohrke, Martin

Club: Walking Treff Möhnesee
Number: 126

Course: 10.00 km
10 km Walking

Total time: 1:17:28

Speed: 7.75 km/h

metres in height up: 69
Course score: 11.04

performance score: 86 Points