



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Paschedag, Marion

Club: LSF-Unna-2000

Number: 113

Course: 10.00 km

10 km Walking

Total time: 1:17:45

Speed: 7.72 km/h

metres in height up: 69

Course score: 11.04

performance score: 85 Points