



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

Lütke Ostendorf, Stefanie

Club: Nottuln

Number: 129

Course: 10.00 km

10 km Walking

Total time: 1:19:03

Speed: 7.59 km/h

metres in height up: 69

Course score: 11.04

performance score: 84 Points