



7. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

**Ballester, Omar**

Club: Rodeberg  
Number: 48

Course: 16.00 km  
Kanonenbahnlauf

Category:  
männliche Jugend A

Total time: 1:10:04

Speed: 13.70 km/h  
Running performance: 4:23 min/km

Rank in course/Total: 9 (of 96)

Rank in course/Men: 9 (of 86)

Best time in course: 1:04:25

Rank in category: 3(of 4)

Best time in the category: 1:04:25