



7. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Tschernig, Bettina

Club: Hainichläufer  
Number: 4

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Frauen W40

Total time: 1:10:37

Speed: 13.59 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 12 (of 96)  
Rank in course/Women: 1 (of 10)  
Best time in course: 1:10:37

Rank in category: 1(of 2)  
Best time in the category: 1:10:37