



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Grimm, Holger

Club: SV Normania Treffurt
Number: 8

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M40

Total time: 1:12:33

Speed: 13.23 km/h
Running performance: 4:32 min/km

Rank in course/Total: 16 (of 96)

Rank in course/Men: 15 (of 86)

Best time in course: 1:04:25

Rank in category: 4(of 11)

Best time in the category: 1:06:25