



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Hesse, Uwe

Club: Physio kerstin Hesse
Number: 11

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M50

Total time: 1:13:07

Speed: 13.13 km/h
Running performance: 4:34 min/km

Rank in course/Total: 19 (of 96)

Rank in course/Men: 18 (of 86)

Best time in course: 1:04:25

Rank in category: 4(of 8)

Best time in the category: 1:09:36