



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Heintze, Kai

Club: Hainichläufer
Number: 94

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M40

Total time: 1:14:12

Speed: 12.94 km/h
Running performance: 4:38 min/km

Rank in course/Total: 24 (of 96)

Rank in course/Men: 23 (of 86)

Best time in course: 1:04:25

Rank in category: 5(of 11)

Best time in the category: 1:06:25