



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Giese, Christian

Club: Mühlhausen
Number: 61

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M30

Total time: 1:22:06

Speed: 11.69 km/h
Running performance: 5:08 min/km

Rank in course/Total: 49 (of 96)

Rank in course/Men: 46 (of 86)

Best time in course: 1:04:25

Rank in category: 7(of 13)

Best time in the category: 1:12:40