



7. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

**Wagner, Ringo**

Club: Wenshausen  
Number: 66

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Männer M30

Total time: 1:25:25

Speed: 11.24 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 57 (of 96)

Rank in course/Men: 54 (of 86)

Best time in course: 1:04:25

Rank in category: 11(of 13)

Best time in the category: 1:12:40