



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Kämper, Anke

Club: fit&run

Number: 1

Course: 16.00 km

Kanonenbahnlauf

Category:

Frauen W30

Total time: 1:26:28

Speed: 11.10 km/h

Running performance: 5:24 min/km

Rank in course/Total: 58 (of 96)

Rank in course/Women: 4 (of 10)

Best time in course: 1:10:37

Rank in category: 1(of 1)

Best time in the category: 1:26:28