



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Sieber, René

Club: Ecklingerode
Number: 2

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M45

Total time: 1:28:31

Speed: 10.85 km/h
Running performance: 5:32 min/km

Rank in course/Total: 62 (of 96)

Rank in course/Men: 58 (of 86)

Best time in course: 1:04:25

Rank in category: 10(of 18)

Best time in the category: 1:09:44