



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Nowinski, Carsten

Club: Lengenfeld unterm Stein
Number: 50

Course: 16.00 km
Kanonenbahnlauf

Category:
männliche Jugend A

Total time: 1:28:59

Speed: 10.79 km/h
Running performance: 5:34 min/km

Rank in course/Total: 64 (of 96)

Rank in course/Men: 60 (of 86)

Best time in course: 1:04:25

Rank in category: 4(of 4)

Best time in the category: 1:04:25