



7. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

**Bank, Ewald**

Club: Uder

Number: 41

Course: 16.00 km

Kanonenbahnlauf

Category:

Männer M50

Total time: 1:31:12

Speed: 10.53 km/h

Running performance: 5:42 min/km

Rank in course/Total: 69 (of 96)

Rank in course/Men: 65 (of 86)

Best time in course: 1:04:25

Rank in category: 8(of 8)

Best time in the category: 1:09:36