



7. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

**Wulf, Michael**

Club: VS Efelder  
Number: 51

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Männer M35

Total time: 1:32:16

Speed: 10.40 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 72 (of 96)

Rank in course/Men: 68 (of 86)

Best time in course: 1:04:25

Rank in category: 11(of 13)

Best time in the category: 1:09:06