



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Kaufmann, Roland

Club: VfB Beberstedt
Number: 84

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M45

Total time: 1:36:25

Speed: 9.96 km/h
Running performance: 6:02 min/km

Rank in course/Total: 79 (of 96)

Rank in course/Men: 72 (of 86)

Best time in course: 1:04:25

Rank in category: 13(of 18)

Best time in the category: 1:09:44