



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Schlichting, Helga

Club: Lengenfeld unterm Stein
Number: 18

Course: 16.00 km
Kanonenbahnlauf

Category:
Frauen W45

Total time: 1:44:31

Speed: 9.19 km/h
Running performance: 6:32 min/km

Rank in course/Total: 91 (of 96)

Rank in course/Women: 9 (of 10)

Best time in course: 1:10:37

Rank in category: 2(of 2)

Best time in the category: 1:37:54