



7. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Siebert, Bernd

Club: Zella  
Number: 72

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Männer M55

Total time: 1:57:57

Speed: 8.14 km/h  
Running performance: 7:22 min/km

Rank in course/Total: 95 (of 96)

Rank in course/Men: 86 (of 86)

Best time in course: 1:04:25

Rank in category: 4(of 4)

Best time in the category: 1:30:06