



7. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Höhn, Jörg

Club: SV 1899 Mühlhausen  
Number: 155

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Männer M40

Total time: 27:55

Speed: 15.04 km/h  
Running performance: 3:59 min/km

Rank in course/Total: 7 (of 60)

Rank in course/Men: 7 (of 50)

Best time in course: 25:22

Rank in category: 2(of 6)

Best time in the category: 25:33