



7. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Neid, Horst

Club: Dingelstädt  
Number: 193

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Männer M50

Total time: 29:20

Speed: 14.32 km/h  
Running performance: 4:11 min/km

Rank in course/Total: 15 (of 60)

Rank in course/Men: 14 (of 50)

Best time in course: 25:22

Rank in category: 1(of 5)

Best time in the category: 29:20