



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Dr. Wand, Reiner

Club: Geisleden

Number: 195

Course: 7.00 km

Kleiner Kanonenbahnlauf

Category:

Männer M50

Total time: 33:27

Speed: 12.56 km/h

Running performance: 4:47 min/km

Rank in course/Total: 31 (of 60)

Rank in course/Men: 28 (of 50)

Best time in course: 25:22

Rank in category: 3(of 5)

Best time in the category: 29:20