



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Degenhardt, Thomas

Club: LTV Obereichsfeld
Number: 203

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Männer M50

Total time: 34:30

Speed: 12.17 km/h
Running performance: 4:56 min/km

Rank in course/Total: 34 (of 60)

Rank in course/Men: 30 (of 50)

Best time in course: 25:22

Rank in category: 4(of 5)

Best time in the category: 29:20