



7. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Hildebrand, Marco

Club: Jena  
Number: 194

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Männer M20

Total time: 35:19  
Speed: 11.89 km/h  
Running performance: 5:03 min/km  
Rank in course/Total: 40 (of 60)  
Rank in course/Men: 36 (of 50)  
Best time in course: 25:22  
Rank in category: 8(of 13)  
Best time in the category: 26:36