



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Blümel, Thomas

Club: Hildebrandshausen
Number: 176

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Männer M40

Total time: 36:37

Speed: 11.47 km/h
Running performance: 5:14 min/km

Rank in course/Total: 46 (of 60)

Rank in course/Men: 42 (of 50)

Best time in course: 25:22

Rank in category: 6(of 6)

Best time in the category: 25:33