



7. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Gödicke, Manuela

Club: Laufline Team Göttingen  
Number: 161

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Frauen W40

Total time: 37:03

Speed: 11.34 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 49 (of 60)  
Rank in course/Women: 6 (of 10)  
Best time in course: 28:59

Rank in category: 1(of 2)  
Best time in the category: 37:03