



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Herborg, Rainer

Club: Lauflin Team Göttingen
Number: 182

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Männer M65

Total time: 38:52

Speed: 10.81 km/h
Running performance: 5:33 min/km

Rank in course/Total: 55 (of 60)

Rank in course/Men: 47 (of 50)

Best time in course: 25:22

Rank in category: 1(of 1)

Best time in the category: 38:52