



7. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2009

Detailed evaluation

Lüßenhop, Antje

Club: Hildesheim
Number: 162

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Frauen W40

Total time: 43:34
Speed: 9.64 km/h
Running performance: 6:13 min/km
Rank in course/Total: 58 (of 60)
Rank in course/Women: 10 (of 10)
Best time in course: 28:59
Rank in category: 2(of 2)
Best time in the category: 37:03