



9. Schlänger Pflasterlauf

Schlangen / 28.06.2009

Detailed evaluation

VfL Basketball u16-1.1

Club: VfL Basketball u16-1.1
Number: 23

Course: 9.36 km
Schülerstaffel ab 5. Klasse

Category:
Schülerstaffel ab 5. Klasse

Total time: 39:44

Speed: 14.13 km/h
Running performance: 4:15 min/km

Rank in course: 3 (of 16)

Best time in course: 37:10

Rank in category: 3(of 16)

Best time in the category: 37:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Lap 1	1.56	6:06	3:54	3	0:08	3	0:08	1.56	6:06	3:54	3			3	
Lap 2	1.56	6:11	3:57	1	-	1	-	3.12	12:17	3:56	3			3	
Lap 3	1.56	7:10	4:35	8	0:59	8	0:59	4.68	19:27	4:09	3	0:42	3	0:42	
Lap 4	1.56	6:21	4:04	2	0:18	2	0:18	6.24	25:48	4:08	2	1:00	2	1:00	
Lap 5	1.56	6:25	4:06	3	0:13	3	0:13	7.80	32:13	4:07	3	1:10	3	1:10	
Last lap Finish	1.56	7:31	4:49	11	1:38	11	1:38	9.36	39:44	4:14	3	2:34	3	2:34	